

**NORTHERN CALIFORNIA INDIAN DEVELOPMENT COUNCIL, INC.
WELLNESS RESOURCE LIST FOR ADULTS IN HUMBOLDT COUNTY**

MIND: COUNSELING

National Suicide Prevention Lifeline

1-800-273-8255
(1-800-273-TALK)

Meth Hotline

1-866-930-6384

**Humboldt County Health and Human Services
Street Outreach Services (SOS)**

1-888-849-5728

**Humboldt County Department of Health and Human Services
Mental Health Branch**

720 Wood Street
Eureka, CA 95501
(707) 445-7715 24-hour crisis line
(707) 269-2900 adult outpatient

**Humboldt County District Attorney's Office
Victim Witness**

712 4th Street
Eureka, CA 95501
(707) 445-7417

**Humboldt County Department of Social Services
Adult Protective Services**

929 Koster Street
Eureka, CA 95501
1-866-527-8614 toll free
(707) 476-2100 from 8:30am-5pm
(707) 445-7715 after 5pm
Report Elder and dependent adult abuse

**Humboldt County Department of Health and Human Services
Family Violence Prevention Program**

908 7th Street
Eureka, CA 95501
(707) 441-5551

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Humboldt Domestic Violence Services

P. O. Box 969
Eureka, CA 95502
1-866-668-6543 toll free 24-hour crisis/support line
(707) 443-6042 local crisis/support line
(707) 444-9255 business office

Humboldt Recovery Center, Inc

905 L Street
1116 & 1120 9th Street,
Eureka, CA 95502
(707) 443-4237

Alcohol and Drug Care Services, Inc

1321 C Street
Eureka, CA 95501
(707) 445-1391 business office
(707) 269-0264 Lee Brown Program

North Coast Substance Abuse Council, Inc

1205 Myrtle Avenue
Eureka, CA 95501
P. O. Box 1332
Eureka, CA 95502
(707) 445-0869

Adult Alcohol and Other Drugs Program

734 Russ Street
Eureka, CA 95501
(707) 476-4054

Substance Abuse/Crime Prevention Act Treatment Program (SACPA/Prop 36)

734 Russ Street
Eureka, CA 95501
(707) 441-3711 phone
(707) 441-3776 fax

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BODY: PHYSICAL FITNESS & SYSTEMS OF CARE

Public Health Clinic 529 I Street, Eureka, CA 95501
(707) 445-6200

United Indian Health Services

(707) 825-5000

Potawot Health Village

1600 Weeot Way, Arcata, CA 95521-4734

Children & Family

Medical/dental, nutrition, counseling, social services, transportation, smoking cessation classes

Family Violence Prevention Program

(707) 441-5551

908 7th Street

Eureka, CA 95501

Elder Abuse

(707) 476-210,

1-866-527-8614

Humboldt County Adult Protective Service

929 Koster

Eureka, CA 95501

Hospice of Humboldt

(707) 445-8443

M-F 9-5

In Home Support Services

(707) 268-3411

Angel Fund

(707) 442-2993 x324

Helps pay for medical procedures, equipment and travel.

Poison Control Hotline

(800) 876-4766

Independent Living Skills Program (ILSP)

(707) 476-1293

929 Koster St., Eureka, CA

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SPIRIT: CEREMONY, LANGUAGE & TRADITIONAL HEALING

Check with your tribe and United Indian Health Services Community Services for upcoming events

COMMUNITY: ECONOMIC & EDUCATIONAL SUPPORTS

Northern California Indian Development Council

241 F Street

Eureka, CA 95501

(707) 445-8451 phone

(707) 445-8479 fax

Emergency assistance, employment and training services, education support

Redwood Community Action Agency (RCAA)

Main Office 904 G St., Eureka, CA 95501

(707) 445-0881

Shelter - 926 G Street

Transitional Living Program

Eureka Rescue Mission

1031 Broadway Eureka, CA 95501

(707) 443-2523

Humboldt Women for Shelter

(707) 443-6042 (24 hr. hotline)

Humboldt Domestic Violence Services

(707) 442-8750

Arcata House

P.O. Box 4835, Arcata, CA 95521

(707) 822-4528

Arcata Food Endeavor

501 9th St., Arcata, CA 95521

(707) 822-5008

Distribution T,TH 9-10 a.m. signup

Food box available once a month, bread and produce available at any time.

Eureka Rescue Mission

1031 Broadway

Eureka, CA 95501

(707) 443-2523

Hot meals served daily. Breakfast 6-6:30 a.m. Dinner sign-up 5:30 p.m., followed by chapel and dinner.

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Food for People (Food Bank)
307 W 14th St. Eureka, CA 95501
(707) 445-3166

Consumer Credit Counseling
(707) 822-8536

California Indian Legal Services
324 F St., Eureka, CA 95501
(707) 443-8397

Humboldt County District Attorney's Office
825 5th St., 4th Floor, Eureka, CA 95501
(707) 445-7411

Public Defender
1001 4th St., Eureka, CA 95501
(707) 445-7634

Victim/Witness Assistance Center- Humboldt County District Attorney's Office
712 4th St., Eureka, CA 95501
(707) 445-7417
Assists victims of crime and offers support services to victims, their families and witnesses during criminal proceedings.

Transportation Assistance Program (TAP)
Transportation Assistance Program (TAP) provides relocation services to individuals and families that request assistance with relocation to a destination, if it is their intent to reside there. Social Services staff verifies that a friend or family member or an agency at their destination will receive and support the individual or family. Relocation services can also be provided to an individual or family if there verification of an offer of employment with a verified start date. The purpose of the program is to assist individuals and/or families who can be better served by relocating to a destination that provides a reconnection to family or friends or with employment opportunities that will lead to self-sufficiency.

Emergency Preparedness and Response

What can you do to make sure you're prepared for an emergency such an earthquake, flood or pandemic? These links can help prepare yourself, your family and your community for emergencies:

- <http://www.prepare.org/>
- <http://bepreparedcalifornia.ca.gov/epo/>
- <http://www.72hours.org/>

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The Public Health Branch Emergency Preparedness and Response Program provides the tools and the staff to plan for emergency response to public health critical events, to purchase the equipment necessary for these plans, and to train staff, community partners, and the public in the use of emergency plans. The program originally began in response to the increased possibility of man made disasters such as bioterrorism.

Our goals are to:

1. strengthen the public health system capacity to effectively manage disease surveillance, rapid and accurate detection, control and prevention of illness and injury resulting from biological terrorism and infectious disease outbreaks;
2. develop a seamless response to potential acts of bioterrorism or natural disasters that includes public health, medical care, and emergency/disaster management systems;
3. ensure that rapid and secure communication exists among public health and other public or private agencies during any public health emergency.

For current Health Alerts go to: <http://www.humboldthealthalert.org/>

For more information call: (707) 445-6200

Yurok Indian Housing Authority

(Serving Humboldt and Del Norte Counties)

15540 Highway 101 North

Klamath, CA 95548-9351

1-800-281-4749 toll free

(707) 482-1506 phone

(707) 482-3117 fax

Providing housing and rental assistance to low-income, above-income and disabled Yurok Tribal members

College of the Redwoods

7351 Tompkins Hill Road

Eureka, CA 95501

(707) 476-4100

Health Insurance Counseling and Advocacy Program (HICAP)

434 Seventh Street

Eureka, CA 95501

(707) 444-3000 phone

(707) 442-3714 fax

Mon-Fri 9am – 4:30pm